

Thank you for choosing our office. Please PRINT all information. All information is strictly **confidential**.

NAME OF PATIENT \_\_\_\_\_ AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ Sex:  M  F

HOME ADDRESS \_\_\_\_\_  
STREET CITY STATE ZIP

HOME PHONE \_\_\_\_\_ MOBILE \_\_\_\_\_ EMAIL \_\_\_\_\_

CONTACT PREFERENCE (PLEASE CIRCLE): \_\_\_\_\_ HOME PHONE / MOBILE / EMAIL \_\_\_\_\_

PATIENT SOCIAL SEC #. \_\_\_\_\_ DRIVER LIC. \_\_\_\_\_

PATIENT'S EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_

WORK ADDRESS \_\_\_\_\_ WORK PHONE \_\_\_\_\_

SPOUSE OR PARENT'S NAME \_\_\_\_\_ MARITAL STATUS (CIRCLE): **M S D W**

EMPLOYER \_\_\_\_\_ OCCUPATION \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_  
NAME RELATIONSHIP PHONE

PHARMACY NAME AND ADDRESS: \_\_\_\_\_

HOW DID YOU HEAR ABOUT THE PRACTICE (BE SPECIFIC):  
Internet/Google: \_\_\_\_\_ Friend/Family: \_\_\_\_\_ Doctor Referral: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_ Facebook: \_\_\_\_\_ Other: \_\_\_\_\_

### INSURANCE

Medical Insurance: \_\_\_\_\_ Group/Policy#: \_\_\_\_\_ ID#: \_\_\_\_\_

Other Insurance: \_\_\_\_\_ Group/Policy#: \_\_\_\_\_ ID#: \_\_\_\_\_

Is this a work related injury?  Yes  No If Yes, Date of Accident: \_\_\_\_\_  
Place of Accident: \_\_\_\_\_ Claim #: \_\_\_\_\_  
Claims Adjustor: \_\_\_\_\_ Phone No.: \_\_\_\_\_ Insurance Carrier: \_\_\_\_\_

### RESPONSIBLE PARTY (SELF / NAME OF PERSON INSURANCE IS CARRIED BY OR PRIMARY CARRIER OF THE INSURANCE)

Name of Insured (if other than patient): \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Employed by: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Social Security No.: \_\_\_\_\_  
Address if different from patient: \_\_\_\_\_

### MEDICAL

WHAT IS YOUR FOOT/ANKLE PROBLEM? \_\_\_\_\_ DURATION? \_\_\_\_\_  
ANY PRIOR TREATMENT? \_\_\_\_\_ BY WHOM? \_\_\_\_\_ L or R FOOT? \_\_\_\_\_  
PLEASE LIST ALL MEDICATIONS YOU TAKE: \_\_\_\_\_

**DO YOU HAVE ANY ALLERGIES?**  None Known  LATEX/RUBBER  DYES / IODINE  CODEINE  LOCAL ANESTHETICS  
 PENICILLIN  ASPIRIN  SULFA  TAPE  OTHER \_\_\_\_\_

FAMILY DOCTOR: \_\_\_\_\_ DATE OF LAST EXAM: \_\_\_\_\_

FORMER PODIATRIST: \_\_\_\_\_

**PATIENT HISTORY:**

1. Are you in good health? \_\_\_\_\_  Yes  No

2. Do you have now, or have you ever had: **CIRCLE**

- |                    |                    |                     |                       |                                       |
|--------------------|--------------------|---------------------|-----------------------|---------------------------------------|
| ANEMIA             | CHEST PAIN         | HEART TROUBLE       | PASSING OUT           | STOMACH ULCER                         |
| ARTHRITIS          | COUNSELING         | HEPATITIS           | PHLEBITIS / CALF PAIN | STROKE                                |
| ASTHMA             | DIABETES           | HIGH BLOOD PRESSURE | POOR CIRCULATION      | THYROID PROBLEM                       |
| ANKLE/LEG SWELLING | EMPHYSEMA          | HIV / AIDS          | PROLONGED BLEEDING    | TUBERCULOSIS (TB)                     |
| BLOOD PROBLEM      | EPILEPSY / SEIZURE | KIDNEY PROBLEM      | PRONE TO INFECTION    | UNEQUAL LEG LENGTH                    |
| BLOOD TRANSFUSION  | FOOT ULCER         | LEG CRAMPS          | PSYCHIATRIC CARE      | VARICOSE VEINS                        |
| BRONCHITIS         | GOUT               | LIVER PROBLEM       | RHEUMATIC FEVER       | WEAK ANKLES                           |
| BRUISE EASILY      | HEARING PROBLEM    | LOW BACK PAIN       | SHORT OF BREATH       | <input type="checkbox"/> OTHER: _____ |
| CANCER             | HEART MURMUR       | LOW BLOOD SUGAR     | SICKLE CELL           | _____                                 |

3. **FEMALES:** Any chance you might be pregnant?  Yes  No

4. Are you taking or have you recently taken blood-thinning medications including aspirin or ibuprofen?  Yes  No

5. **PREVIOUS HOSPITALIZATION / SURGERY / ILLNESS (list surgery and date):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY:** (blood relatives)  circle diabetes stroke cancer hepatitis bleeding HIV (AIDS) TB high blood pressure OTHER \_\_\_\_\_ heart trouble

**SOCIAL HISTORY**

Do you smoke? Y / N Cigarettes / Pipe / Cigar Amount/day \_\_\_\_\_ # years \_\_\_\_\_ Quit date \_\_\_\_\_  
Do you drink alcohol? Y / N Type \_\_\_\_\_ Amount/day \_\_\_\_\_ # years \_\_\_\_\_ Quit date \_\_\_\_\_  
Recreational drugs? Y / N Type \_\_\_\_\_ Amount/day \_\_\_\_\_ # years \_\_\_\_\_ Quit date \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_

 **NOTE: IF MY HEALTH OR MEDICATION CHANGES, I WILL NOTIFY THE DOCTOR AT MY NEXT VISIT**

**REFERRAL POLICY**

If your insurance is a part of a Managed Care plan (HMO, POS, EPO, etc.), failure to obtain a valid referral from your primary care physician (PCP) may result in reduced or no benefits being payable.

**NON-COVERED FOOT CARE**

Your insurance carrier may determine that your foot care is an excluded service, in which case no reimbursement will be made. Should this occur, the responsibility of payment will remain yours as the recipient of these services. (This includes orthotics, splints, over the counter medications, heel cups, pads, toe separators, i.e., anything that is given to you in this office that your carrier may not pay).

**PLEASE SIGN BELOW**

I authorize use of this form on all my insurance submissions and release of information to all my insurance companies. I acknowledge responsibility for payment of any deductibles, co-insurance, and unauthorized or non-covered services. I accept responsibility for any unpaid bills sixty days after insurance is filed. If for any reason the account becomes delinquent, I agree to pay for all collection and legal fees. I authorize Stride Healthcare Management, LLC to act as my agent in helping me obtain payment from my insurance company. I request payment of my insurance benefits be made directly to Stride Healthcare Management, LLC for any services furnished to me by my physician. I permit a copy of this authorization to be used in place of the original. I hereby give permission to Stride Healthcare Management, LLC to examine and administer treatment after consultation and perform such procedures as may be deemed necessary in the diagnosis and/or treatment of my condition.

**ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

I acknowledge that I was provided a copy of the Notice of Privacy Practices from Stride Healthcare Management, LLC and Texas Foot & Ankle Clinic and that I have read (or had the opportunity to read if I so chose) and understood the Notice.

Signature of Patient or Legal Representative: \_\_\_\_\_ Date \_\_\_\_\_



# Texas Regional Foot and Ankle Clinics

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In our efforts to comply with the **Health Insurance Portability and Accountability Act (HIPAA)**, we need to be certain that we guard your privacy. Your information will only be released to your insurance company for processing your claims unless you name someone below on the lines provided with whom we are allowed to discuss your case, leave messages regarding appointments or discuss your billing. If you do not want us to discuss this with anyone, please fill out your name and date of birth and mark through the area for the names for information to be released to and answer the last question and sign and date the form.

I, \_\_\_\_\_, with date of birth \_\_\_\_\_,

**Authorize the specific medical information listed below to be released to:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please check the following medical information that the above listed person(s) may receive on your behalf:**

- \_\_\_\_\_ **ALL** health care information  
\_\_\_\_\_ **ONLY** test results (including labs/xrays, etc.)  
\_\_\_\_\_ **ONLY** medication(s) information  
\_\_\_\_\_ **ONLY** appointment information

**Please circle your response to the following questions:**

May we leave a message concerning appointments/treatments with a co-worker?

**YES NO N/A**

May we leave a message concerning appointments/treatments on a voicemail at work?

**YES NO N/A**

May we leave a message concerning appointments/treatments on a voicemail at home and or cell phone?

**YES NO N/A**

**Please inform us in writing of any changes to the above information. This HIPPA form will be kept in your file along with your acknowledgement of receipt of the Notice of Privacy Practices.**

\_\_\_\_\_  
Patient Signature/Parent/Legal Guardian

\_\_\_\_\_  
Date



## Vascular Screening Questionnaire

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**Please check all that apply:**

- |   |  |
|---|--|
| <input type="checkbox"/> Current or former smoker   | <input type="checkbox"/> Stroke                                      |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Neuropathy                                  |
| <input type="checkbox"/> High cholesterol   | <input type="checkbox"/> Family member has peripheral artery disease |
| <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> 50 years or older                           |
| <input type="checkbox"/> Heart attack or procedure to open an artery supplying your heart |  |
- 

**Do you experience any of the following in your legs? (Please check all that apply)**

- |   |   |
|---|---|
| <input type="checkbox"/> Pain with walking or other exercise, and gets better with rest | <input type="checkbox"/> Wounds that won't heal           |
| <input type="checkbox"/> Legs tire but improve with rest                                | <input type="checkbox"/> Hair loss                        |
| <input type="checkbox"/> Pain at night that improves with dangling leg over side of bed | <input type="checkbox"/> Foot or toe numbness or coldness |
| <input type="checkbox"/> Can't walk far   | <input type="checkbox"/> Leg pain worse with laying down  |
- 

**Do you experience any of the following in your legs? (Please check all that apply)**

- |   |  |
|---|--|
| <input type="checkbox"/> Aching/pain                                    | <input type="checkbox"/> Swelling                                |
| <input type="checkbox"/> Cramps   | <input type="checkbox"/> Throbbing                               |
| <input type="checkbox"/> Heaviness                                      | <input type="checkbox"/> Tiredness/fatigue                       |
| <input type="checkbox"/> Itching/ burning                               | <input type="checkbox"/> Varicose or spider veins                |
| <input type="checkbox"/> Restless legs                                  | <input type="checkbox"/> Sores, ulcers, wounds difficult to heal |
| <input type="checkbox"/> Discoloration/darkening below knee             | <input type="checkbox"/> Other: _____                            |
| <input type="checkbox"/> Episodes of redness or inflammation below knee |  |